

Preschool Programs

Most classes held at: NKCC
North Kirkland Community Center
12421 103rd Ave NE ★ 425.587.3350

Preschool Class Requirements

- ★ Children must be able to follow directions and participate in small group setting without a parent.
- ★ Please take your child to the bathroom before class.
- ★ No siblings other than infants in carriers; registered participants only.
- ★ Refer to class description for "no class" dates.
- ★ Please be on time for drop-off and pick-up!
- ★ If we cancel an individual class, we will make it up when the schedule allows. If the schedule does not allow for a make-up class, a credit will be issued. No make-ups are available for missed classes.
- ★ Refund policy is on page 5.

ABC & 123 "Preschool & Kindergarten Readiness"

Ages 31/2 to 4 years

Children must be able to follow directions and participate in a small group setting without a parent but we know how scary your first class can be, so bring your mom the first day and see how easy it is to meet new friends. In this small group setting with a 1 to 8 teacher to student ratio the teacher will work with your little one on socialization skills, like learning to share and playing with others. She will teach letter and color recognition, number sequencing, and seasons. She'll even sprinkle in stories, play, and art, while doing creative group and individual projects. Learning has never been so much fun! *Location: NKCC*

Fall 13 weeks • No class 11/22
Resident \$173 / Non-Resident \$208

Tue	10:40–11:55am	Sept 6–Dec 6	49494
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Winter 12 weeks • Resident \$160 / Non-Resident \$192

Tue	10:40–11:55am	Jan 10–Mar 28	49495
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Cooking

Creating in the Kitchen with Karen

Ages 3 to 5 years (children only)

Nurture curiosity in this tasty class where your child will practice creativity and culinary skills while learning kitchen safety and developing healthy eating habits. Plan, prep, and prepare for a gastronomic good time!

Instructor: Karen Renfro-Gielgens • Location: McAuliffe Park, 10824 NE 116th St, Kirkland 98034. Enter the park going north off of 108th Ave NE from NE 116th St, and then turn into the first driveway on the right.

8 weeks • No class 1/16 & 2/20 • \$10 supply fee payable to instructor • Resident \$72 / Non-Resident \$86

Mon	2:30–3:30pm	Sept 12–Oct 31	49496
Mon	2:30–3:30pm	Jan 9–Mar 13	49498

Holiday Creating in the Kitchen with Karen

Ages 3 to 5 years

Cook special holiday treats in this 5-week class.

Location: McAuliffe Park, 10824 NE 116th St, Kirkland. Enter the park going north off of 108th Ave NE from NE 116th St, and then turn into the first driveway on the right.

5 weeks • Resident \$45 / Non-Resident \$54

Supply fee of \$7 payable to instructor

Mon	2:30–3:30pm	Nov 7–Dec 5	49500
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For Creating in the Kitchen with Karen ages 4–8, see page 28.

Engineering for Kids

Junior Robotics Engineering: Amazing Mechanisms

Ages 4 to 6 years

Join us and explore the fantastic world of robotics! During this Robotics course, students will use the LEGO® WeDO Robotics system to explore the world of robotics and all it has to offer. Each week, students will build different robotic projects and in the process learn about the physical components of a robot such as gears, motors, and more. Then, students will learn how to program and operate their creations using a laptop computer in fun and amazing ways. \$35 supply fee payable to the instructor.

Instructor: Engineering for Kids • Location: NKCC • 6 weeks
Resident \$100 / Non-Resident \$120

Wed	1–2pm	Sept 21–Oct 26	49605
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Junior Marine Engineering

Ages 4 to 6 years

What causes something to sink or float? How can engineers help explore and navigate the oceans of the world? These questions and more are all explored during the Junior Marine Engineering course. In this class, through open and focused exploration, students explore the concepts of marine engineering and mechanics, harnessing the power of water, and discovering designs that help us navigate the seas.

6 weeks • \$35 supply fee payable to the instructor.

Instructor: Engineering for Kids • Location: NKCC
Resident \$100 / Non-Resident \$120

Wed	1–2pm	Jan 25–Mar 1	49607
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Preschool Music

Move Over Mozart Piano Classes

Ages 42 months through 6 years

Learn to play familiar tunes on the piano, read music, and, basic music theory. Class recitals throughout the year are optional. Having a piano at home is not a requirement; instruction on community center piano or keyboard is included in instruction.

A one-time \$10 materials fee is payable to instructor and due at first class • Class size is limited to 6 (additional classes may be added based on waiting lists) • For more information visit moveovermozart.net • Location: NKCC

Ages 42 months through 4 years

Fall 10 weeks • No class 10/31

Resident \$110 / Non-Resident \$132

Mon	4–4:30pm	Sept 12–Nov 21	49630
Mon	5–5:30pm	Sept 12–Nov 21	49631

Fall 11 weeks • Resident \$121 / Non-Resident \$145

Tue	4:30–5pm	Sept 13–Nov 22	49632
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Fall 16 weeks • No class 11/24 & 12/29

Resident \$176 / Non-Resident \$211

Thur	4–4:30pm	Sept 15–Jan 12	49633
Thur	5:30–6pm	Sept 15–Jan 12	49634

Winter 9 weeks • No class 2/20

Resident \$99 / Non-Resident \$119

Mon	4–4:30pm	Jan 23–Mar 27	49642
Mon	5–5:30pm	Jan 23–Mar 27	49643

Winter 11 weeks • Resident \$121 / Non-Resident \$145

Tue	4:30–5pm	Jan 17–Mar 28	49644
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Winter 10 weeks • No class 2/16

Resident \$110 / Non-Resident \$132

Thur	4–4:30pm	Jan 19–Mar 30	49645
Thur	5:30–6pm	Jan 19–Mar 30	49646

Ages 5 & 6 years

Fall classes 10 weeks • No class 10/31

Resident \$110 / Non-Resident \$132

Mon	4:30–5pm	Sept 12–Nov 21	49635
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Fall 11 weeks • Resident \$121 / Non-Resident \$145

Tue	4–4:30pm	Sept 13–Nov 22	49636
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Fall 16 weeks • No class 11/24 & 12/29

Resident \$176 / Non-Resident \$211

Thur	4:30–5pm	Sept 15–Jan 12	49637
Thur	6–6:30pm	Sept 15–Jan 12	49638

Winter 9 weeks • No class 2/20

Resident \$99 / Non-Resident \$119

Mon	4:30–5pm	Jan 23–Mar 27	49647
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Winter 11 weeks

Resident \$121 / Non-Resident \$145

Tue	4–4:30pm	Jan 17–Mar 28	49648
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Winter 10 weeks • No class 2/16

Resident \$110 / Non-Resident \$132

Thur	4:30–5pm	Jan 19–Mar 30	49649
Thur	6–6:30pm	Jan 19–Mar 30	49650

Move Over Mozart

Advanced Piano Classes

Ages 5 to 7 years

For advanced students only with instructor permission. Students need to know the following prerequisites: able to name the white keys on the piano, know the rhythm notes, and very basics of reading notes on the staff, know treble clef for right hand, bass clef for left hand, the difference between line and space notes, know what a step looks like in music and on the piano vs. a skip (or a 2nd vs. a 3rd) and what up and down means on the piano.

For more information visit moveovermozart.net • 11 weeks

Location: NKCC • Resident \$121 / Non-Resident \$145

Tuesday	5–5:30pm	Sept 13–Nov 22	49654
Tuesday	5–5:30pm	Jan 17–Mar 28	49657

For Move Over Mozart classes for ages 5–12 years, see page 26.

Language from Polly-Glots

Founded in 2007 by a mom with a dream of offering engaging and affordable language immersion classes for children.

Spanish for Elementary Youth

Ages 5 to 9 years

Help your children get a head start by learning a foreign language early. This Spanish immersion class integrates play, music, movement, and art to engage children and connect the foreign sounds and words to everyday items and activities.

Instructor: Polly-Glots • Location: NKCC • 10 weeks

Resident \$168 / Non-Resident \$202

Sat	9–9:45am	Sept 17–Nov 19	49624
Sat	9–9:45am	Jan 21–Mar 25	49625

French For Children

Ages 5 to 9 years parent participation optional

This French immersion class integrates play, music, movement, and art to engage children and connect the foreign sounds and words to everyday items and activities. Vocabulary is provided so parents can reinforce the language outside of class.

Instructor: Frederique Battestini / Polly-Glots

Location: NKCC • 10 weeks • Resident \$168 / Non-Res \$202

Sat	10–10:45am	Sept 17–Nov 19	49626
Sat	10–10:45am	Jan 21–Mar 25	49627

For Parent/Child Spanish and Chinese ages 1–5 years, see page 13.



Rain or shine, have a playground party to celebrate your special day at the NKCC!

Ages 1 to 5

PartyTime!

Have an hour of private play time at our outrageously fun indoor playground! Enjoy the rest of your celebration in your very own private party room! Applications at: www.kirklandwa.gov under "How Do I Rent a Park/Facility"

Reserve Your Special Day!

425.587.3350

2 hours: Resident \$140 / Non-Res \$168
15 Children Max. • Saturday or Sunday



Saturday Art

Young Rembrandts Saturday Preschool Drawing Workshops

Fall Fun

Ages 3½ to 5 years

Fall is the most colorful time of the year. Come draw fun, colorful fall subjects while having fun with friends.

Instructor: Young Rembrandts Staff • Location: NKCC
5 weeks • Resident \$49 / Non-Resident \$59

Sat	9–9:45am	Sept 10–Oct 8	49527
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Cars, Trains and Planes

Ages 3½ to 5 years

Zoom away with us as we draw roads, bridges and many modes of transportation in this fun and speedy workshop!

Instructor: Young Rembrandts Staff • Location: NKCC
5 weeks • Resident \$49 / Non-Resident \$59

Sat	9–9:45am	Oct 15–Nov 12	49528
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Winter Fun

Ages 3½ to 5 years

There are so many fun things to draw in the winter! Join us as we draw and color pictures inspired by the chilly weather outdoors and cozy warmth indoors.

Instructor: Young Rembrandts Staff • Location: NKCC
4 weeks • No class 11/26 • Resident \$39 / Non-Resident \$47

Sat	9–9:45am	Nov 19–Dec 17	49529
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Princess Time

Ages 3½ to 5 years

Let's draw the things we wear when we play dress-up! Jewels, crowns, and fancy gowns are some of the enchanting subjects we will draw together.

Instructor: Young Rembrandts Staff • Location: NKCC
4 weeks • Resident \$39 / Non-Resident \$47

Sat	9–9:45am	Jan 7–28	49530
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Zoo Animals

Ages 3½ to 5 years

Giraffes, lions, tigers, birds....oh my! Get ready to draw a variety of your favorite zoo friends.

Instructor: Young Rembrandts Staff • Location: NKCC
4 weeks • Resident \$39 / Non-Resident \$47

Sat	9–9:45am	Feb 4–25	49531
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Springtime Fun

Ages 3½ to 5 years

Celebrate the wonders of springtime! Come draw colorful flowers, cuddly animals, and other pictures inspired by the season.

Instructor: Young Rembrandts Staff • Location: NKCC
4 weeks • Resident \$39 / Non-Resident \$47

Sat	9–9:45am	Mar 4–25	49532
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Art

Art Adventures

(Parent Participation Optional)

Ages 3 to 5 years

You're a little bit older, and now ready for this, a safari in art you won't want to miss. So lace up your boots, on a hunt we will go, that will take us through paint lands and mountains of dough. We'll capture the colors and textures and more, and release them to projects you're sure to adore.

Instructor: TBA • Location: NKCC

3 weeks • Resident \$24 / Non-Resident \$29

Wed	10:30–11:15am	Sept 7–21	49520
Wed	10:30–11:15am	Oct 5–19	49521
Wed	10:30–11:15am	Nov 2–16	49522
Wed	10:30–11:15am	Nov 30–Dec 14	49523
Wed	10:30–11:15am	Jan 11–25	49524
Wed	10:30–11:15am	Feb 8–22	49525
Wed	10:30–11:15am	Mar 8–22	49526

Valentine Workshop

Ages 5 to 8 years

Create a one-of-a-kind Valentine's Day box with glitter, doilies, paint, stickers, and more to store your beloved valentines. Listen to a heartwarming story, and enjoy a valentine snack.

Instructor: Miss Pamela • Location: NKCC
Resident \$20 / Non-Resident \$24

Sat	10–11:30am	Feb 4	49533
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Preschoolers

Knee Hi Investigators for 4's **NEW!**

Teeth, Ivories or Pearly Whites

Ages 4 years

Learn why it's important to take care of your teeth! What does eating too much candy do to your teeth? Why do you have a toothbrush if your teeth don't grow hair? When your old teeth fall out where are your new teeth hiding? We'll investigate these mysteries and many more and during class do fun things like make our own toothpaste and marshmallow smiles!

Location: NKCC • 3 weeks

Resident \$35 / Non-Resident \$42

Tue	10:30–11:30am	Sept 6–20	49545
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Flamingo, Chicken & Hummingbirds

Ages 4 years

Learn about birds! Can you balance on one leg like a flamingo can? Do all birds fly? How many fish can a pelican fit in its bill? How fast can the Hummingbirds wings move? We'll investigate these mysteries and many more, and during class do fun things like make our own feathered owl or bird seed feeder to take home.

Location: NKCC • 3 weeks

Resident \$35 / Non-Resident \$42

Tue	10:30–11:30am	Oct 4–18	49546
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Fossils, Caves & Dinosaurs

Ages 4 years

Learn about the world of dinosaurs! What did our world look like when dinosaurs lived? Were there cars and houses? How did the dinosaurs sleep and what did they eat? We'll investigate these mysteries and many more, and during class do fun things like make our own fossil or dinosaur egg to take home.

Location: NKCC • 3 weeks

Resident \$35 / Non-Resident \$42

Tue	10:30–11:30am	Nov 1–15	49547
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Seahorse, Star & Jellyfish

Ages 4 years

Learn about sea creatures! Neigh, how fast can a seahorse gallop? Does the starfish fall from the sky, or a gooey duck have feathers? Why does a jellyfish sting? We'll investigate these mysteries and many more, and during class do fun things like make our own jelly or starfish to take home.

Location: NKCC • 3 weeks

Resident \$35 / Non-Resident \$42

Tue	10:30–11:30am	Nov 29–Dec 13	49548
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Thunder, Clouds & Showers

Ages 4 years

Learn about the weather! Do the big fluffy clouds hold all of the rain and snow that comes down on us? Where does thunder come from? Can it really get hot enough to fry an egg outside? We'll investigate these mysteries and many more, and during class do fun things like make our rain painting or weather chart to take home!

Location: NKCC • 3 weeks

Resident \$35 / Non-Resident \$42

Tue	10:30–11:30am	Jan 10–24	49549
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Stars, Moon, & Sun

Ages 4 years

Learn about space! Is there really a man in the moon? How do stars shoot across the sky? What is the sun made of that makes it so hot? How many more planets are there? We'll investigate these mysteries and many more, and during class do fun things like make our own planet, or spaceship to take home!

Location: NKCC • 3 weeks

Resident \$35 / Non-Resident \$42

Tue	10:30–11:30am	Feb 7–21	49550
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Nibble, Sniff, Peek, Poke & Listen

Ages 4 years

Learn why your 5 senses are an important part of your everyday life! How did you smell those cookies baking in the oven? What made that lemon taste so sour? Why do you have two ears instead of one? We'll investigate these mysteries and many more and during class do fun things like make our own megaphones or scratch and sniff stickers.

Location: NKCC • 3 weeks

Resident \$35 / Non-Resident \$42

Tue	10:30–11:30am	Mar 7–21	49551
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Preschool Kids In Motion

Up and over, under and through, balls and streamers, tunnels and YOU!

Meet friends, build confidence and have FUN developing their large muscle motor skills. This program progresses with your child... they'll be crawling, climbing, balancing, and bouncing!

Location: NKCC

Kids In Motion – On My Own

Perfect for children transitioning to non-parent participation. This ½ hour class is for children only.

Ages 28 months to 3 years

Fall 6 weeks • Resident \$27 / Non-Resident \$32

Thurs	9:15–9:45am	Sept 8–Oct 13	49726
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Fall 5 weeks • Resident \$35 / Non-Resident \$42

Thurs	9:15–9:45am	Oct 20–Nov 17	49727
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Holiday 3 weeks • Resident \$15 / Non-Resident \$18

Thurs	9:15–9:45am	Dec 1–15	49728
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Winter 6 weeks • No class 2/11 • Res \$27 / Non-Res \$32

Thurs	9:15–9:45am	Jan 5–Feb 9	49729
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Thurs	9:15–9:45am	Feb 23–Mar 30	49730
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Kids In Motion A & B

These 45-minute classes are for children only.

Motion A Ages 2½ to 3 years

Fall 6 weeks • Resident \$42 / Non-Resident \$50

Wed	10:40–11:25am	Sept 7–Oct 12	49732
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Fall 5 weeks • Resident \$35 / Non-Resident \$42

Wed	10:40–11:25am	Oct 19–Nov 16	49733
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Holiday 3 weeks • Resident \$21 / Non-Resident \$25

Wed	10:40–11:25am	Nov 30–Dec 14	49734
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Winter 6 weeks • Resident \$42 / Non-Resident \$50

Wed	10:40–11:25am	Jan 4–Feb 8	49735
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Wed	10:40–11:25am	Feb 22–Mar 29	49736
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Motion B Ages 3 to 4 years

Fall 6 weeks • Resident \$42 / Non-Resident \$50

Thur	11:35am–12:20pm	Sept 8–Oct 13	49738
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Fall 5 weeks • Resident \$35 / Non-Resident \$42

Thur	11:35am–12:20pm	Oct 20–Nov 17	49739
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Holiday 3 weeks • Resident \$21 / Non-Resident \$25

Thur	11:35am–12:20pm	Dec 1–15	49740
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Winter 6 weeks • Resident \$42 / Non-Resident \$50

Thur	11:35am–12:20pm	Jan 5–Feb 9	49741
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Thur	11:35am–12:20pm	Feb 23–Mar 30	49742
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Snowflake Ball

FATHER
DAUGHTER
DANCE

FRIDAY, DEC. 9
6:30–8:30PM



AGES 3 TO 10 YEARS WITH DAD Start an annual tradition! Join us for a fun Father/Daughter Dance as we celebrate the beginning of the winter season with an enchanted evening of music and dancing. Dance to old favorites such as YMCA and the Macarena and learn new dances, too. Create a princess craft, and enjoy beverages and goodies. Dress up in your finest clothes or princess gowns since this will be a magical night spent with Dad! Grandpas, uncles, or other father figures etc. are welcomed to escort their little sweethearts to

this special evening. Have your commemorative photo taken as a treasured memory of this wonderful night.

*Register each child separately – **space is limited so sign up now!***

Location: NKCC • Resident \$28.00 per child / Non-Resident \$34.00 (includes WA State Sales Tax)

Friday 6:30–8:30pm December 9 49535



Preschool Dance

Jazz For Children

Ages 3 to 4½ years

Jazz – It's fun, upbeat, and allows for just enough "free dance." This might be the perfect combination class because ballet techniques are taught through jazz. Start with a simple warm up followed by intros to turns, kicks, and leaps, with time for free form expression. Parents may join us for the last class to watch and take pictures.

Leather-soled ballet shoes required! • Location: NKCC

Fall 14 weeks • No class 11/23

Resident \$100 / Non-Resident \$120

Wed	9:40–10:25am	Sept 7–Dec 14	49688
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Winter 13 weeks • Resident \$93 / Non-Resident \$112

Wed	9:40–10:25am	Jan 4–Mar 29	49689
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Preschool Ballet A

Ages 3 to 4½ years with no previous dance experience

This exciting introduction to creative dance emphasizes musical expression, coordination and movement exploration. Mirrors and music create an enchanting dance environment. Parents may join us for the last class to watch and take pictures.

Leather-soled ballet shoes required! • Location: NKCC

Fall 13 weeks • No class 11/21

Resident \$93 / Non-Resident \$112

Mon	9:45–10:30am	Sept 12–Dec 12	49659
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Fall 14 weeks • No class 11/23–26

Resident \$100 / Non-Resident \$120

Wed	10:30–11:15am	Sept 7–Dec 14	49660
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Wed	11:25am–12:10pm	Sept 7–Dec 14	49661
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Thur	10:20–11:05am	Sept 8–Dec 15	49664
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Sat	9–9:45am	Sept 10–Dec 17	49663
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Sat	9:50–10:35am	Sept 10–Dec 17	49662
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Winter 10 weeks • No class 1/16 & 2/20

Resident \$72 / Non-Resident \$86

Mon	9:45–10:30am	Jan 9–Mar 27	49666
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Winter 13 weeks

Resident \$93 / Non-Resident \$112

Wed	10:30–11:15am	Jan 4–Mar 29	49667
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Wed	11:25am–12:10pm	Jan 4–Mar 29	49668
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Thur	10:20–11:05 am	Jan 5–Mar 30	49671
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Winter 12 weeks • Resident \$86 / Non-Resident \$103

Sat	9–9:45am	Jan 7–Mar 25	49670
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Sat	9:50–10:35am	Jan 7–Mar 25	49669
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Preschool Ballet B

Ages 4 to 6 years

Older preschoolers and children with previous dance experience will explore musicality, artistic expression and a repertoire of dance steps. Parents may join us for the last class to watch and take pictures.

Leather-soled ballet shoes required! • Location: NKCC

Fall 13 weeks • No class 11/21

Resident \$93 / Non-Resident \$112

Mon	11:25am–12:10pm	Sept 12–Dec 12	49672
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Fall 14 weeks • No class 11/24 & 11/26

Resident \$100 / Non-Resident \$120

Thur	11:15am–12pm	Sept 8–Dec 15	49673
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Sat	10:40–11:25am	Sept 10–Dec 17	49674
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Winter 10 weeks • No class 1/16 & 2/20

Resident \$72 / Non-Resident \$86

Mon	11:25am–12:10pm	Jan 9–Mar 27	49675
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Winter 13 weeks

Resident \$93 / Non-Resident \$112

Thur	11:15am–12pm	Jan 5–Mar 30	49676
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Winter 12 weeks

Resident \$86 / Non-Resident \$103

Sat	10:40–11:25am	Jan 7–Mar 25	49677
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Preschool Ballet/Tap Combo A

Ages 3 to 4½ years

Remember your first pair of shiny black tap shoes? We do! Tap was so much fun we added it to our Preschool Ballet Class! This class will introduce the very beginning movements of ballet and the toe tapping sounds of tap. Parents may join us for the last class to watch and take pictures.

Leather-soled ballet and tap or dress shoes required!

Location: NKCC

Fall 13 weeks • No class 11/21 & 11/2

Resident \$93 / Non-Resident \$112

Mon	10:35–11:20am	Sept 12–Dec 12	49678
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Fall 14 weeks • No class 11/22 & 11/24

Resident \$100 / Non-Resident \$120

Tue	4–4:45pm	Sept 6–Dec 13	49679
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Thur	9:30–10:15am	Sept 8–Dec 15	49680
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Winter 10 weeks • No class 1/16 & 2/20

Resident \$72 / Non-Resident \$86

Mon	10:35–11:20am	Jan 9–Mar 27	49681
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Winter 12 weeks • Resident \$86 / Non-Resident \$103

Tue	4–4:45pm	Jan 10–Mar 28	49682
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Winter 13 weeks • Resident \$93 / Non-Resident \$112

Thur	9:30–10:15am	Jan 5–Mar 30	49683
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Preschool Ballet/Tap Combo B Ages 4 to 6 years

Ballet and tap are explored in this class for the older preschooler and also for children with previous dance experience. Parents may join us for the last class to watch and take pictures.

Leather-soled ballet and tap or dress shoes required!

Location: NKCC

Fall 14 weeks • No class 11/22 & 11/23

Resident \$100 / Non-Resident \$120

Tue	4:50–5:35pm	Sept 6–Dec 13	49684
Wed	12:15–1pm	Sept 7–Dec 14	49685

Winter 12 weeks • Resident \$86 / Non-Resident \$103

Tue	4:50–5:35pm	Jan 10–Mar 28	49686
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Winter 13 weeks • Resident \$93 / Non-Resident \$112

Wed	12:15–1pm	Jan 4–Mar 29	49687
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See page 12 for Dance Class for Two Year Olds with Parent!

Rhythmic Gymnastics

The Olympic sport of Rhythmic Gymnastics combines the grace and beauty of ballet and creative movement with music. Participants perform athletic tricks with ribbons, balls, hoops, ropes and clubs. Self-esteem, discipline, flexibility, dance and artistry, concentration, eye/hand coordination, and aerobic exercise are some of the benefits of this unique sport.

Instructor Arzu Karaali has trained athletes for National and International competitions and worked with athletes as a choreographer for the 1996 Olympic Games in Atlanta. She was selected seven times "Best Choreographer of the Year" in Washington and was awarded "Coach of the Year" three times by the USA Gymnastics Federation in Region 2. www.lalunagym.com

For Rhythmic
Gymnastics
ages 6–8,
see page 32

Rhythmic Gymnastics Level 1 Beginners

Girls Ages 4 to 5 years

Introduces students to basic positions of Ballet and Rhythmic Gymnastics apparatus while encouraging confidence, creativity, flexibility of movement and self-expression.

No experience necessary • Gymnastics leotard required, bare feet or socks OK • 6 weeks

No class 11/23 & 11/26 • Resident \$84 / Non-Resident \$101

Location: LaLuna Gym, 11251 120th Ave NE, Ste 150

Fall 8 weeks

Resident \$120 / Non-Resident \$144

Mon	4–5pm	Sept 12–Oct 31	49714
Wed	3–4pm	Sept 7–Oct 26	49715
Wed	4–5pm	Sept 7–Oct 26	49716
Sat	11a–12p	Sept 10–Oct 29	49717
Sat	12–1pm	Sept 10–Oct 29	49718

Fall 6 weeks • No class 11/26

Resident \$90 / Non-Resident \$108

Mon	4–5pm	Nov 7–Dec 12	49719
Wed	3–4pm	Nov 9–Dec 14	50043
Wed	4–5pm	Nov 9–Dec 14	50044
Sat	11a–12p	Nov 5–Dec 17	50045
Sat	12–1pm	Nov 5–Dec 17	50046

Winter 8 weeks • No class 1/16, 2/20

Resident \$120 / Non-Resident \$144

Mon	4–5pm	Jan 9–Mar 13	49720
Wed	3–4pm	Jan 11–Mar 1	49721
Wed	4–5pm	Jan 11–Mar 1	49722
Sat	11a–12p	Jan 14–Mar 4	49723
Sat	12–1pm	Jan 14–Mar 4	49724

pee wee
**monster
bash** oct 28
friday
10:00am–noon

Ages 5 and under with parent

North Kirkland Community Center • 12421 103rd Ave NE

Put on your costume, grab your broom and fly on over to our 13th Annual Pee Wee Monster Bash! You'll do the monster mash, the ghoulish cookie walk, swamp fishing for treats, arts & crafts, and more. We guarantee a not too spooky time, just a kooky time!

Preregister early to guarantee your spot! Event usually sells out. If not sold out, tickets will be available at the door on a limited basis • No refunds for this event

*Resident \$12.00 per child • Non-Resident \$14.00 per child
(includes WA State Sales Tax)*

Fri	10am–12pm	Oct 28	49534
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Come any time, activities are ongoing, carnival style!

Preschool Sports and Fitness

Little Tumblers 1

Ages 3 to 4 years

FUNDamental tumbling is geared toward the 3 and 4 year old preschooler. Basic tumbling skills are taught on floor mats. Introduction to low balance beam, bar, and trampoline. The emphasis in this class is placed on coordination, technique, and FUN!

*Please dress comfortably in shorts, T-shirts or leotards
No clothing with buttons or zippers • Location: NKCC*

Fall 6 weeks • No class 10/28, 11/11, 11/22 & 11/25
Resident \$45/ Non-Resident \$54

Tue	4–4:45pm	Sept 13–Oct 18	49702
Tue	4–4:45pm	Nov 1–Dec 13	49703
Fri	10:45–11:30am	Sept 9–Oct 14	49704
Fri	11:35am–12:20pm	Sept 9–Oct 14	49705
Fri	10:45–11:30am	Oct 21–Dec 16	49706
Fri	11:35am–12:20pm	Oct 21–Dec 16	49707

Winter 5 weeks • Resident \$38 / Non-Resident \$46

Tue	4–4:45pm	Jan 10–Feb 7	49708
Tue	4–4:45pm	Feb 21–Mar 21	49709
Fri	10:45–11:30am	Jan 13–Feb 10	49710
Fri	11:35am–12:20pm	Jan 13–Feb 10	49711
Fri	10:45–11:30am	Feb 24–Mar 24	49712
Fri	11:35am–12:20pm	Feb 24–Mar 24	49713

Little Tumblers 2

Ages 4 to 6 years

For children with previous tumbling experience only. Review tumbling skills and advance to the next level with additional work on all apparatus.

*Please dress comfortably in shorts, T-shirts or leotards
No clothing with buttons or zippers*

Fall 6 weeks • No class 11/22 • Location: NKCC
Resident \$45/ Non-Resident \$54

Tue	4:50–5:35pm	Sept 13–Oct 18	49696
Tue	4:50–5:35pm	Nov 1–Dec 13	49697

Winter 5 weeks • Location: NKCC
Resident \$38/ Non-Resident \$46

Tue	4:50–5:35pm	Jan 10–Feb 7	49698
Tue	4:50–5:35pm	Feb 21–Mar 21	49699



Mighty Mite Martial Arts

Ages 4 to 6 years

Miller's Martial Arts Academy introduces Martial Arts to boys and girls. Learn non-violent conflict resolution, better concentration and listening skills, and build coordination, flexibility and self-control. At this age there will never be contact between participants. The last week of class we will have a graduation ceremony to a Mighty Mite White Belt.

*Location: Miller's Martial Arts Acdmy, 8920 122nd Ave NE
8 weeks • No class 10/31, 1/16 & 2/12
Resident \$38 / Non-Resident \$46*

Mon	2:30–3pm	Sept 12–Nov 7	49690
Wed	2:45–3:15pm	Sept 14–Nov 2	49691
Sat	10:30–11am	Sept 17–Nov 5	49692
Mon	2:30–3pm	Jan 9–Mar 13	49693
Wed	2:45–3:15pm	Jan 11–Mar 1	49694
Sat	10:30–11am	Jan 14–Mar 4	49695



Ice Skating All Ages

Our professional learn-to-skate staff will teach a progression of skills to ensure safety and provide an understanding of the basic fundamentals of ice skating. Whether you are a beginner or would like to enhance your present skill level (figure skating or ice hockey), we encourage children and adults to join. Students will be divided into their skill level and age level. Skates will be provided and helmets are highly recommended.

*Location: SnoKing Arena, 14326 124th Ave NE, Kirkland
• 30 minutes instruction and 30 minutes practice/free skating time • Arrive ½ hour early to get skates on • Wear warm clothes, jacket and gloves • No class 11/23, 11/26, 3/25 • Registration deadline: 1week prior to first class*

Fall Classes

6 weeks • Resident \$121 / Non-Resident \$162

Ages 5-Adult Wed 6-7pm Sept 7-Oct 12 49344

Ages 5-Adult Sat 9:10-10:10am Sept 10-Oct 15 49345

7 weeks • Resident \$142 / Non-Resident \$170

Ages 4-Adult Tues 10:45-11:45am Sept 13-Oct 25 49343

Ages 5-Adult Wed 6-7pm Oct 26-Dec 14 49348

Ages 5-Adult Sat 9:10-10:10am Oct 29-Dec 17 49347

Ages 4-Adult Tues 10:45-11:45am Nov 1-Dec 13 49346

Winter Classes

6 weeks • Resident \$121 / Non-Resident \$162

Ages 5-Adult Sat 9:10-10:10am Jan 7-Feb 11 49359

Ages 5-Adult Sat 9:10-10:10am Feb 25-Apr 8 49360

7 weeks • Resident \$142 / Non-Resident \$170

Ages 4-Adult Tue 10:45-11:45am Jan 3-Feb 14 49355

Ages 5-Adult Wed 6-7pm Jan 4-Feb 15 49357

Ages 4-Adult Tue 10:45-11:45am Feb 21-Apr 4 49356

Ages 5-Adult Wed 6-7pm Feb 22-Apr 5 49358



Skill Development, Participation, and Fun!

Basketball for 2½ to 6 year olds!

Develop basic motor skills such as dribbling/ball handling, shooting, passing/catching and running/agility that are needed to participate in organized basketball. Practice and games are centered around skill development, participation, and fun! Each player receives a t-shirt, group photo and participation certificate.

6 weeks • No class 11/26 or 2/18
Resident \$68 / Non-Resident \$82

Fall League

Ages 2½-3	Sat	9:30-10:30am	Nov 5–Dec 17	49096
Age 4	Sat	10:45-11:45am	Nov 5–Dec 17	49097
Ages 5-6	Sat	12pm-1pm	Nov 5–Dec 17	49098

Winter League

Ages 2½-3	Sat	9:30-10:30am	Jan 21–Mar 4	49099
Age 4	Sat	10:45-11:45am	Jan 21–Mar 4	49100
Ages 5-6	Sat	12pm-1pm	Jan 21–Mar 4	49101

Six or more Pee Wee Basketball coaches needed for each age group.
Please email ltrotter@kirklandwa.gov if you are interested in coaching!!



KIRKLAND KIDS TRIATHLON

AGES 3 TO 12 YEARS
SEPTEMBER 10, 2016
JUANITA BEACH

"I wanted to tell you how much our two grandchildren enjoyed the Children's Triathlon. They came away with such a sense of pride and accomplishment. It was extremely well organized."

This non-competitive, non-timed event provides an excellent opportunity for youth to experience the sport of triathlon.

Athletes participate in 50 yard swim/splash, ½ mile bike, ½ mile run. Registration will close September 8th. Day of event registration will be available beginning at 10:15am however; participants are encouraged to register prior to the event.

Participants will receive swim cap, T-shirt & ribbon

Race begins at 11:00am // Check in begins at 10:15am
\$32 • Registration #48081



AGES 3 TO 6 YEARS • TWO LOCATIONS TO CHOOSE FROM!



This is such a popular league—Fall has filled already!
Plan ahead for Spring. **Registration opens Feb. 6th 2017.**

The Pee Wee Soccer League is focused on fun, participation and socialization.

Resident \$71 / Non-Resident \$85

- **PLEASE NOTE:** Refunds will not be given if withdrawn after the coaches meeting, April 12th (subject to change). The coaches meeting marks the official start of the program.
- **AVAILABILITY:** Game times will vary each week—parent and child need to be available during the hours of 9am and 2pm on Saturdays.

Location 1: Emerson High Field, 10903 NE 53rd St

3 to 4 year olds	Sat	Apr 22 – June 10	50033
5 to 6 year olds	Sat	Apr 22 – June 10	50034

Location 2: 132nd Square Park, 13159 132nd Ave NE

3 to 4 year olds	Sat	Apr 22 – June 10	50035
5 to 6 year olds	Sat	Apr 22 – June 10	50036

..... **Quick Facts about the Pee Wee Soccer League (PWS)**

When will I receive details about my child's team, schedule, etc.?

You will be contacted by a coach at least one week prior to the first day, on or before April 22nd. The coach will provide you with information about game schedule, team name, etc.

I'd like to be a coach. How do I apply? And, what if my team does not have a coach?

Please visit our league website www.kirklandwa.gov/peeweesoccer to download the volunteer application. Prior soccer experience does help but is not necessary. We handle applications on a first-come, first-serve basis therefore getting your volunteer packet turned in ASAP is crucial. All coaches must pass a background check. Feel free to email nthomas@kirklandwa.gov for more information.

How are teams formed?

Registration is taken in the order received. Coach's children will be paired with them. Siblings will be placed together. Teams are formed randomly, but we take into consideration gender ratios and ages of the participants.

Are special requests taken?

Unfortunately not. The program has grown in such a way that staff no longer has the resources to accommodate these types of requests. Please note that if you register for the league it is the parent's responsibility to arrange for travel and supervision regardless of who is on the child's team.

Are games played in the rain?

Yes, if it is raining, games will be played as scheduled if the field is in good condition. If the field conditions are poor we will cancel games for the day and reschedule.

What is the format of the league?

The program meets on Saturday mornings/early afternoons. The program is one hour in duration with the first 20 or 30 minutes of the hour, depending on age division, devoted to practice. The last 30 or 40 minutes are reserved for a friendly, recreational-style soccer game. Game start times will range from 9am to 2pm and start on the hour. For example, week one your game might be at 9am but week two your game might be at 11am.

What is included with the registration fee? And what equipment do I need to purchase?

Each child will receive a t-shirt to wear during the season and a participant medal at the end of the season. Shin guards are not provided but are required. Cleats are optional but recommended.